

BioEd[™]

Teacher Resources from the Center for Educational Outreach at Baylor College of Medicine

^{© 2010} Baylor College of Medicine. All rights reserved. This activity is part of The Science of Air unit. The Air unit is comprised of *Mr. Slaptail's Secret* student storybook, *The Science of Air Teacher's Guide, Explorations* magazine, and two supplements: *The Reading Link and The Math Link*. For more information on this and other educational programs, contact the Center for Educational Outreach at 713-798-8200, 800-798-8244, or visit www.bcm.edu/edoutreach.

© 2010 Baylor College of Medicine. All rights reserved. Fourth edition. First edition published 1995. Printed in the United States of America.

ISBN: 978-1-888997-71-2

BioEd

Teacher Resources from the Center for Educational Outreach at Baylor College of Medicine.

The mark "BioEd" is a service mark of Baylor College of Medicine. The mark "My Health My World" is a trademark of Baylor College of Medicine.

No part of this book may be reproduced by any mechanical, photographic or electronic process, or in the form of an audio recording, nor may it be stored in a retrieval system, transmitted, or otherwise copied for public or private use without prior written permission of the publisher. Black-line masters may be photocopied for classroom use.

The activities described in this book are intended for school-age children under direct supervision of adults. The authors and Baylor College of Medicine cannot be responsible for any accidents or injuries that may result from conduct of the activities, from not specifically following directions, or from ignoring cautions contained in the text.

Development of the Air unit was supported by grant numbers R25 ES06932 and R25ES010698 from the National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health (NIH). The opinions, findings and conclusions expressed in this publication are solely those of the authors and do not necessarily reflect the official views of Baylor College of Medicine, NIEHS or NIH.

Authors: Judith H. Dresden, M.S., Barbara Z. Tharp, M.S., and Nancy P. Moreno, Ph.D. Editor: James P. Denk, M.A. Illustrator: Martha S. Young, B.F.A.

ACKNOWLEDGMENTS

The Science of Air educational materials, first developed as part of the My Health My World® project at Baylor College of Medicine, have benefited from the vision and expertise of scientists and educators representing a wide range of specialties. Our heartfelt appreciation goes to Michael Lieberman, M.D., Ph.D., William A. Thomson, Ph.D., and Carlos Vallbona, M.D., who have lent their support and expertise to the project.

Special acknowledgment is due to our partners in this project, the American Physiological Society and the Texas Medical Association. We especially thank Marsha Lakes Matyas, Ph.D., American Physiological Society, and Allison Schmidt, M.P.H. and Kristine Niemeyer, Texas Medical Association, for their active support and direction of field test activities. We also thank the National Institute of Environmental Health Sciences, National Institutes of Health, Allen Dearry, Ph.D., Frederick Tyson, Ph.D., and Liam O'Fallon for their support of this project.

Many dedicated professionals helped assure the educational and scientific integrity of this publication. In particular, we are grateful to the following individuals: Cassius Bordelon, Ph.D., Zenaido Camacho, Ph.D., Mary Ann Currie, M.S., Cynthia Jumper, M.D., Sharon Lekowski, M.S., Judith Livingston, Ed.D., Leslie Miller, Ph.D., Fabiola Pineda, M.S., Ronald Sass, Ph.D., Sheila Schwarz, B.S., Cathey Whitener, M.S., Ellison Wittels, M.D., and Vicki Wiste, M.S.

We also wish to express our gratitude for the invaluable feedback provided by the many teachers and students in and around Austin and Houston, Texas, and Washington, D.C., who participated in field trials of these materials.



Center for Educational Outreach Baylor College of Medicine One Baylor Plaza, BCM411 Houston, Texas 77030 713-798-8200 | 800-798-8244 www.bcm.edu/edoutreach | www.bioedonline.org | www.k8science.org

How to Make a Paper Flyer

Materials: 8½-in. x 11-in. piece of paper, pencil or pen, colored pencils, crayons or markers, ruler and clear tape.

Procedure

- 1. Lay the paper in front of you vertically on the table.
- 2. Use the ruler and a pencil to draw a line across the paper, three inches from the top.



3. Fold the bottom edge of the paper up to the pencil line and crease

the paper on the fold.

 Fold the bottom edge of the paper up to the pencil line a second time and



crease the paper on the fold.

- 5. Fold the bottom edge of the paper up to the pencil line a third time and crease the paper on the fold.
- You should have a piece of paper with a thick band of folded paper at the bottom. The thick band should be about 1 inch tall.
- Flip the paper over. Hold the thick band of folded paper together so that it stays









"closed." Carefully rub the entire sheet of paper against the edge of a table.

Do this several times. This will strengthen the creases on the folded band. It also will give the whole sheet of paper a slight curve.



 Lay the paper down so that the thick band is face down on the table. Use colored pencils, crayons or markers to decorate the side that is facing you.



 Stand the paper up vertically with the thick band at the top. The thick band should be facing you. 10. Bring the edges of the paper together to form a cylinder. Gently slide one band inside of the other band.



you. Throw it overhead, like a football.

With adult help, flyers may be made from cans that have a metal rim on one end (for example, soft drink, tennis ball or potato chip cans). Use a can opener or scissors to remove both ends of the can, but leave the top rim in place. Smooth any sharp edges with sandpaper or cover the edges with masking tape. Throw the flyer overhead with the rim (heavier side) facing forward.